

# Iron Wood Thrower Camp Checklist

## Throwing Equipment

- Throwing Shoes
- Throwing Implements
- Workout Gear
- Windbreaker or Jacket
- Water Bottle

## Personal Gear

- Sleeping Bag
- Pillow
- Blanket
- Towel
- Personal Hygiene Products
- Sunscreen
- Sunglasses
- Spending Money
- Stationary & Stamps
- Camera & Film

## Things you Should NOT Bring

- Fireworks
- Weapons
- Drugs / Alcohol



### Contact Info:

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